



Get fit • Lose weight • Have fun!

Ladies Fitness Classes

Weekdays and Saturday mornings at Braywick Park & Gym

web: www.suekitson.com/holyport
email: sue.kitson@gmail.com
tel: 07800 571 791



QR Code

Personal Training and Partner Training also available

Ladies Fitness Classes

FREE CLASS

(Max. 2 ladies per voucher)

To book contact Sue

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email: sue.kitson@gmail.com
tel: 07800 571 791

* Valid to new clients only until 30th September 2012.
This voucher has no cash value. Limited availability.